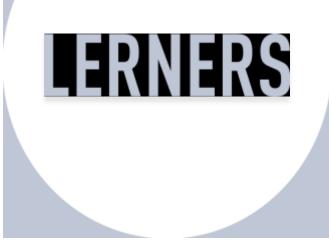
# AI AND LEGAL TECH UPDATE



PRESENTED BY ANDREW C. MURRAY

THE ADVOCATES' SOCIETY "TRICKS OF THE TRADE" FRIDAY, JANUARY 31, 2025 I am a lawyer who will be questioning a cardiac perfusionist. Give me a list of 100 questions that I can ask the perfusionist which will help me to understand exactly what this job entails, the level of responsibility assumed in the workplace by a perfusionist, the physical demands associated with this position, the necessary educational and on the job training that is required, and related inquiries



Certainly, here's a list of questions you can ask the cardiac perfusionist:

- 1. Can you provide a brief overview of your role and responsibilities as a cardiac perfusionist?
- 2. What does a typical day in your job look like?
- 3. What is the primary goal of your role during cardiac surgeries?
- 4. How do you ensure the proper functioning of the heart-lung machine during surgeries?
- 5. What are the main duties involved in managing extracorporeal circulation during surgery?
- 6. Can you explain the process of cardiopulmonary bypass and your role in it?
- 7. What safety protocols do you follow to minimize risks during cardiac procedures?
- 8. How do you monitor and regulate blood flow and oxygen levels during surgery?
- 9. What types of surgeries typically require the involvement of a perfusionist?
- 10. What measures do you take to prevent complications during surgery?
- 11. How do you manage emergencies or unexpected situations during surgery?

- 12. Can you describe the teamwork dynamic between perfusionists and other medical staff in the operating room?
- 13. What qualifications and certifications are required to become a cardiac perfusionist?
- 14. What educational background did you pursue to enter this field?
- 15. Can you discuss the significance of ongoing education and training for perfusionists?
- 16. How do you stay updated with advancements in perfusion technology and techniques?
- 17. What are some common challenges or difficulties you encounter in your role?
- 18. How do you maintain focus and concentration during lengthy surgical procedures?
- 19. Can you describe any ethical considerations or dilemmas you face in your job?
- 20. What are the legal and ethical responsibilities of a perfusionist?
- 21. How do you ensure patient confidentiality and privacy?
- 22. Have you ever encountered a situation where you had to make a critical decision on the spot? Can you describe it?
- 23. What protocols do you follow for cleaning and maintaining equipment used during surgery?
- 24. How do you manage stress in high-pressure situations?
- 25. Can you discuss the importance of teamwork and communication in the operating room?

what are the educational requirements to work as a perfusionist in Ontario

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In Ontario, Canada, the educational requirements to work as a perfusionist typically include:

- Completion of a bachelor's degree in a related field, such as biology, physiology, chemistry, or a health sciences discipline.
- Graduation from a recognized perfusion education program, accredited by the Canadian Society of Clinical Perfusion (CSCP) or equivalent accreditation body.
- Clinical training through an accredited perfusion program, typically consisting of supervised practical experience in a hospital setting.
- 4. Certification by the Canadian Society of Clinical Perfusion (CSCP) or equivalent certification organization, such as the American Board of Cardiovascular Perfusion (ABCP).
- Continued education and professional development to maintain certification and stay updated on advancements in the field.

It's essential to verify specific requirements with the regulatory body or professional association governing perfusion practice in Ontario for the most accurate and up-to-date information.

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# Soil erosion prevention strategies.

May 6, 2024

This conversation may reflect the link creator's personalized data, which isn't shared and can meaningfully change how the model responds.

> Give me examples of best practices for a land developer to minimize the risk of soil erosion and soil movement onto a sidewalk, after construction is completed and before sod has been laid

- To minimize the risk of soil erosion and soil movement onto sidewalks after construction and before laying sod, land developers can employ a variety of best practices. These practices are designed to stabilize the soil, manage water flow, and protect the bare ground. Here are some effective strategies:
  - Temporary Vegetative Cover: Before sod is laid, temporary seeding of fast-growing grasses or other cover crops can stabilize the soil. This vegetation helps to anchor the soil with its roots and provides coverage to reduce the impact of raindrops that can cause erosion.
  - Mulching: Applying mulch over exposed soil can significantly reduce erosion. Organic mulches like wood chips or straw not only help retain soil moisture but also protect against the kinetic energy of falling rain.

- Erosion Control Blankets: These are specially designed fabrics composed of natural or synthetic materials that can be laid over the soil to prevent erosion. They are particularly useful on slopes where the risk of soil movement is higher.
- 4. Silt Fences: Installing silt fences around the perimeter of the development area can prevent sediment from moving onto sidewalks and into drains. These fences are made from a porous fabric and are anchored into the ground to trap sediment while allowing water to flow through.
- Proper Drainage Planning: Ensuring that there is adequate drainage to manage stormwater runoff is crucial. This includes designing and implementing swales, ditches, and catch basins to direct water away from construction areas and towards designated drainage areas.
- Retention Ponds: Creating ponds or other water retention systems can help manage large volumes of water, especially after heavy rains, reducing the flow rate and volume of water that can cause erosion.
- Phased Construction: Implementing a phased construction plan where land exposure is minimized and areas are stabilized sequentially can reduce the risk of soil erosion across the entire site.

- Use of Geotextiles: Geotextiles can be placed under the top layer of soil to strengthen the soil and improve stability. They also promote water filtration while preventing soil from moving.
- Regular Maintenance: It's important to monitor erosion control measures regularly, especially
  after rainstorms, and to repair or replace them as necessary to ensure they continue to function
  effectively.
- Education and Training: Ensuring that all construction personnel are aware of the importance of erosion control and are trained in implementing these measures can lead to better adherence to best practices on-site.

Employing these practices not only helps in minimizing soil erosion and movement onto sidewalks but also contributes to environmental protection and compliance with local regulations regarding soil and water quality.

# **Nursing Demands: Cardiac Union**

June 5, 2024

O This conversation may reflect the link creator's personalized data, which isn't shared and can meaningfully change how the model responds.

> give me a 1,500 word report that documents and explains the physical job demands, duties, responsibilities, and work conditions of a unionized cardiac surgical nurse working in Ontario

## Job Demands, Duties, Responsibilities, and Work Conditions of a Unionized Cardiac Surgical Nurse in Ontario

#### Introduction

Cardiac surgical nurses, particularly those working within unionized environments in Ontario, occupy critical roles within the healthcare system. Their responsibilities encompass direct patient care, complex medical procedures, and administrative duties, all within a highly regulated and demanding work environment. This report details the physical job demands, duties, responsibilities, and work conditions of these professionals, providing a comprehensive understanding of their roles.

## **Physical Job Demands**

### **1. Manual Dexterity and Coordination**

Cardiac surgical nurses must possess high levels of manual dexterity and hand-eye coordination. This skill is vital for tasks such as administering intravenous medications, handling surgical instruments, and assisting during operations. Precision is crucial to avoid errors that could compromise patient safety.

#### 2. Strength and Stamina

The job often requires lifting and positioning patients, some of whom may be unable to assist due to their medical conditions. Nurses must have the physical strength to move patients safely, often using assistive devices but also relying on their physical capabilities. Additionally, cardiac surgical nurses must endure long shifts, often exceeding 12 hours, which demand significant stamina and resilience.

#### 3. Sensory Demands

Cardiac surgical nurses must have acute sensory abilities, including vision and hearing. These sensory demands are essential for monitoring patients' vital signs, interpreting cardiac monitors, and responding to auditory cues from medical equipment and colleagues during surgeries.

## **Duties and Responsibilities**

### 1. Preoperative Care

Cardiac surgical nurses play a vital role in preoperative care, which includes patient assessment, preparation, and education. They conduct thorough assessments to identify any potential risks or complications that could arise during surgery. Educating patients and their families about the procedure, expected outcomes, and postoperative care is also a critical responsibility.

### 2. Intraoperative Care

During surgery, cardiac surgical nurses assist the surgical team by providing sterile instruments, monitoring patient vitals, and ensuring a sterile environment. They must be adept at anticipating the needs of the surgeons and responding swiftly to any changes in the patient's condition. Their role is crucial in maintaining the flow of the operation and ensuring patient safety.

## 3. Postoperative Care

Postoperative care involves monitoring patients in recovery, managing pain, and preventing complications such as infections or blood clots. Cardiac surgical nurses must be vigilant in observing patients for any signs of distress and ready to implement emergency interventions if necessary. They also provide wound care and educate patients on recovery protocols.

### 4. Patient Advocacy

Nurses act as advocates for their patients, ensuring that their needs and concerns are addressed. This includes coordinating with other healthcare professionals to create a comprehensive care plan and ensuring that patients and their families understand and consent to the proposed medical treatments.

## 5. Administrative Duties

In addition to clinical responsibilities, cardiac surgical nurses handle various administrative tasks. These include documenting patient information accurately in medical records, managing supplies and equipment, and ensuring compliance with hospital policies and healthcare regulations.

## Work Conditions

### 1. Unionized Environment

Working in a unionized environment offers specific protections and benefits, including job security, standardized wages, and grievance procedures. The Ontario Nurses' Association (ONA) is a prominent union representing nurses in the province, advocating for safe working conditions, fair compensation, and professional development opportunities.

## 2. Work Hours

Cardiac surgical nurses often work in shifts, including nights, weekends, and holidays. Shift work can be physically and mentally demanding, requiring nurses to adapt to irregular sleep patterns and manage fatigue effectively. Overtime is common, particularly in emergency situations or during staff shortages.

### 3. High-Stress Environment

The cardiac surgical field is inherently high-stress due to the critical nature of the conditions treated. Nurses must remain calm under pressure, make quick decisions, and manage multiple tasks simultaneously. The emotional toll of caring for critically ill patients and dealing with life-and-death situations can lead to burnout if not properly managed.

#### 4. Exposure to Health Risks

Nurses in this specialty are exposed to various health risks, including infectious diseases, radiation, and hazardous chemicals. Strict adherence to safety protocols and the use of personal protective equipment (PPE) are essential to mitigate these risks. Regular training on infection control and safety measures is mandatory.

#### 5. Team Collaboration

Cardiac surgical nurses work closely with a multidisciplinary team, including surgeons, anesthesiologists, and other nursing staff. Effective communication and teamwork are critical to ensure optimal patient outcomes. Collaborative decision-making and mutual support within the team are key components of the work environment.

## **Professional Development and Continuing Education**

## 1. Ongoing Training

Continuous professional development is essential for cardiac surgical nurses to stay updated with the latest medical advancements and best practices. This includes attending workshops, participating in training sessions, and obtaining certifications such as Advanced Cardiovascular Life Support (ACLS).

## 2. Specialization and Advanced Roles

Opportunities for specialization and career advancement exist within the field. Nurses can pursue advanced practice roles such as Nurse Practitioners (NPs) or Clinical Nurse Specialists (CNSs) in cardiac care. These roles involve greater autonomy, advanced clinical skills, and involvement in research and policy development.

## Impact of Unionization

## 1. Collective Bargaining

Unionized nurses benefit from collective bargaining, which ensures fair wages, benefits, and working conditions. The union negotiates on behalf of the nurses to secure contracts that include provisions for salary increases, overtime pay, and health benefits.

### 2. Grievance and Arbitration Procedures

The union provides a structured process for addressing workplace grievances. Nurses can file complaints regarding unfair treatment, unsafe working conditions, or contract violations. The grievance process offers a mechanism for resolving disputes through arbitration if necessary.

## 3. Professional Support and Advocacy

The union offers professional support, including legal representation, professional liability insurance, and advocacy on policy issues affecting nursing practice. This support is crucial in protecting the rights and interests of nurses and ensuring their voices are heard in healthcare policy discussions.

## **Challenges and Future Directions**

## 1. Workforce Shortages

The healthcare sector faces ongoing challenges related to workforce shortages. The demand for cardiac surgical nurses is high, and staffing shortages can lead to increased workloads and stress. Addressing these shortages requires strategic workforce planning, enhanced recruitment efforts, and retention initiatives.

#### 2. Technological Advancements

Advancements in medical technology continually shape the practice of cardiac surgical nursing. Nurses must be proficient in using sophisticated medical equipment and electronic health records (EHRs). Ongoing education and training are necessary to keep pace with technological changes and ensure the highest standards of patient care.

### 3. Mental Health and Well-being

The demanding nature of the job necessitates a focus on the mental health and well-being of cardiac surgical nurses. Institutions must provide resources and support systems to help nurses manage stress, prevent burnout, and maintain a healthy work-life balance. This includes access to counseling services, wellness programs, and peer support networks.

## 4. Policy and Advocacy

Nurses, through their unions, play a significant role in advocating for healthcare policy changes. This includes lobbying for better staffing ratios, improved working conditions, and policies that enhance patient care. Active participation in policy advocacy ensures that the nursing perspective is included in healthcare decision-making processes.

## Conclusion

The role of a unionized cardiac surgical nurse in Ontario is multifaceted, encompassing a wide range of physical demands, duties, responsibilities, and work conditions. These professionals are essential to the functioning of cardiac surgical teams and the provision of high-quality patient care. While the job is demanding and often stressful, the support provided by unionization, opportunities for professional development, and the collaborative nature of the work environment contribute to a rewarding career. Addressing challenges such as workforce shortages, technological advancements, and mental health support is crucial for the continued success and well-being of cardiac surgical nurses. a medical record uses the following shorthand BCVI L ICA and L VA dissection. interpret that shorthand for me

The shorthand **BCVI L ICA and L VA dissection** refers to a medical condition involving vascular injury. Here's the interpretation:

1. BCVI: Blunt Cerebrovascular Injury

This indicates trauma to the blood vessels supplying the brain, typically resulting from a blunt force injury to the neck or head. BCVI is a serious condition because it can lead to strokes or other complications.

2. L ICA: Left Internal Carotid Artery

This specifies that the injury involves the **internal carotid artery** on the **left side**. The internal carotid arteries are major blood vessels that supply oxygen-rich blood to the brain.

3. L VA: Left Vertebral Artery

This specifies that the injury also involves the **vertebral artery** on the **left side**. The vertebral arteries run along the spine and contribute to the blood supply to the brain, particularly the posterior regions.

4. Dissection:

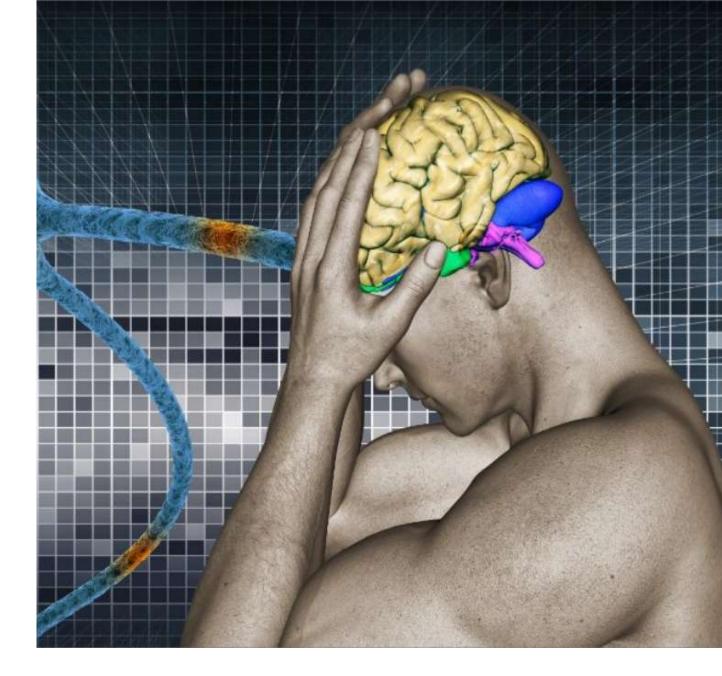
This refers to a tear in the inner lining of the artery wall (intima), allowing blood to enter and separate the layers of the vessel wall. This can create a blockage (occlusion) or a bulge (pseudoaneurysm) and is a significant cause of stroke, especially in younger individuals.

#### Summary:

The shorthand describes **blunt trauma-induced tears (dissections)** in both the **left internal carotid artery (L ICA)** and the **left vertebral artery (L VA)**. This condition poses a high risk of complications, including ischemic stroke, and often requires urgent medical attention.

# USING CHATGPT FOR BLOGS

- Enlisting ChatGPT for Blog Writing
  - Helps in creating content to share with clients
- Utilizing AI Image Generating Tools
  - Enhances blogs with relevant images



## "HOW ARE BRAIN INJURIES DIAGNOSED?"





## *"FIVE THINGS MOTORCYCLISTS MUST KNOW ABOUT INJURY"*

# AI LEGAL ASSISTANTS - MICROSOFT COPILOT

Key Topics:

1. Statement of claim: Andrew explained the purpose and process of issuing a statement of claim to Katie, who agreed to proceed with it.

2. Limitation period: Andrew advised Katie that issuing the claim before September 2024 would avoid the risk of the two-year limitation period expiring.

3. Plaintiff and defendant: Andrew informed Katie that he only named her as the plaintiff and as the defendant, based on his assessment of the damages and the statutory deductible.

4. Next steps and expectations: Andrew discussed the possible scenarios and timelines after issuing the claim, and how he would communicate with the adjuster and the defense lawyer. He also cautioned Katie that the statement of claim is not evidence and that she might see some allegations in the statement of defense that would upset her.

5. Filing fee and disbursements: Andrew explained that there would be a filing fee and other out-of-pocket costs associated with the claim, which he would pay on Katie's behalf and recover from the defendant's insurance company if successful.

6. Update on Katie's condition and treatment: Katie gave Andrew a detailed update on her physical, cognitive, and emotional symptoms, as well as her work and leisure activities that have been affected by the accident. She also mentioned the medications and therapies she has been taking and the challenges she faces with her insurance coverage and her employer's accommodation.

7. Expert report: Andrew suggested that he would send Katie to a specialist who deals with post-concussion complaints to get an opinion that would help with her treatment, her accident benefits, and her lawsuit.

Some of Katie's complaints related to her day to day activities are:

1. She cannot golf because the horizontal head movement causes dizziness. She tried it once under the supervision of her physiotherapist and it did not work. She also missed the last few months of her parents owning a golf course and she has a membership that she cannot use.

2. She cannot ski because the chair lift and the balance issues also trigger dizziness and headaches. This is the second winter since she was two that she has not been able to ski. Her dad is the at , a ski resort and she lives 10 minutes away from it.

3. She cannot paddle board or participate in work events like volleyball or baseball leagues because of her dizziness and headaches. She also has trouble with some in-office team bonding activities that involve spinning or moving around.

4. She cannot walk her dog without getting dizzy because of the sudden neck movements when he stops or sniffs things. She has had to call her parents to pick her up a few times when she was not near her house.

5. She has headaches throughout the day that affect her concentration and performance at work. She has been taking Tylenol and amitriptyline, but they are not fully effective and have side effects. She also has cognitive delays and memory problems that make it harder for her to use technical language or teach co-ops.

6. She has vision problems that make her sensitive to light and cause her to wear rosecolored glasses. She cannot go to the office as much as she used to because of the lights and the noises.

7. Katie said that cooking often brings her symptoms because of the movement of going back and forth, and that she does not have enough "spoons" (meaning, if she starts out with 20 spoons for the day, she uses them all up just for work, which is her priority) for meal preparation after working long hours. She said that her parents help her with cooking and sometimes bring her food to her apartment, or she eats bag salads.

## *AI-generated content. Be sure to check for accuracy.* Key Topics:

- Introduction: Andrew introduced the meeting, highlighting the use of Microsoft Copilot for transcription and note-taking. Dylan confirmed that he could hear and see the screen. Andrew emphasized the importance of incorporating artificial intelligence into rehab practices. 1
- AI in Rehab Practices: Andrew discussed the benefits of using AI tools like Microsoft Copilot and ChatGPT in rehab practices. He highlighted the importance of data security, privacy, and human oversight when using AI. He also mentioned the lack of specific AI guidance from professional colleges for rehab professionals. 2
- ChatGPT for Medical Content: Andrew explained how he uses ChatGPT for medical content, asking it to explain medical terms and conditions at a PhD level and restricting information to peer-reviewed journals. He provided examples of how ChatGPT has been helpful in understanding medical records and conditions. 3
- ChatGPT for Rehab Professionals: Andrew provided examples of how rehab professionals can use ChatGPT to create customized plans, explanations, and summaries for their clients. He demonstrated how ChatGPT can generate detailed and tailored content for various rehab disciplines. 4

- AI Image Generation: Andrew discussed the use of AI image generation tools like DALL-E to create images for blogs and presentations. He shared examples of images generated for his blogs and how they helped capture the audience's attention. 5
- **Microsoft Copilot for Note-Taking:** Andrew highlighted the benefits of using Microsoft Copilot for note-taking during virtual meetings. He shared an example of a detailed summary generated by Copilot from a client meeting, emphasizing how it improves engagement and accuracy. 6

# Main ideas we discussed:

## Using AI for Medical Content

- Using ChatGPT to interpret medical acronyms and terms 1
- Using ChatGPT to provide detailed explanations of medical conditions and treatments 2
- Using ChatGPT to generate medical content summaries at different comprehension levels
   3
- Using ChatGPT to provide detailed job descriptions and functional demands for unfamiliar occupations 4
- Using ChatGPT to generate customized plans for patients with specific needs 5

## **AI in Professional Practices**

- Using AI to generate marketing content and images for blogs and social media 6
- Using AI to create detailed and accurate meeting notes and summaries 7
- Using AI to assist with note-taking and report generation in medical and rehab settings 8
- Using AI to generate recipes and dietary plans for patients 9
- Using AI to provide professional guidance and standards for various rehab disciplines 10

# **AI** Tools and Applications

- Using Microsoft Copilot for transcription and meeting summaries 7
- Using ChatGPT for generating detailed and accurate job descriptions 4
- Using ChatGPT to generate customized patient plans and templates 5
- Using ChatGPT to generate marketing content and images 6
- Using ChatGPT to provide detailed explanations of medical conditions and treatments 2

Andrew emphasized that AI tools, such as Microsoft Copilot and ChatGPT, can significantly assist rehab professionals in various ways:

- **Increased Efficiency:** AI tools can automate routine tasks, allowing rehab professionals to focus on more critical aspects of their work. 1
- Enhanced Client Experience: By using AI to take detailed notes and generate summaries, professionals can engage more effectively with clients, ensuring that no critical information is missed. 2
- **Improved Data Management:** AI can help in mining and analyzing data collected during rehab sessions, leading to better office management and billing practices. 3
- **Customized Plans and Explanations:** AI tools like ChatGPT can generate tailored content for clients, such as customized rehab plans, explanations of medical conditions, and summaries at different comprehension levels. 4
- Marketing and Outreach: AI can assist in creating content for blogs, social media, and other marketing materials, helping professionals reach a broader audience. 5
- **Professional Guidance:** AI can provide insights and guidance based on existing standards and practices, even if specific AI-related directives are not available from professional colleges. 6

Andrew stressed the importance of exploring and adopting AI tools to stay current and avoid being left behind in the evolving landscape of rehab practices. 7

# **Detailed Summary of Medical Inquiries Demonstrated by Andrew:**

- 1. Interpreting Medical Acronyms and Terms:
  - Andrew used ChatGPT to interpret the acronym "BCVILI CA and Lva dissection," which stands for blunt cerebrovascular injury, left internal carotid artery, and left vertebral artery dissection. ChatGPT provided a detailed explanation of the terms and their implications, such as the high risk of complications including stroke. 1

## 2. Explaining Medical Conditions and Treatments:

- Andrew demonstrated how ChatGPT could provide a detailed explanation of a moderate left occipital <u>subgaleal</u> hematoma, clarifying that it is external to the skull and brain and may indicate head trauma but is not evidence of intracranial pathology. 2
- He also used ChatGPT to explain hyperbaric oxygen therapy for a patient with a degloving injury. ChatGPT provided an overview of the therapy, its indications, contraindications, efficacy, and treatment duration, along with references to scholarly articles. 3

## 3. Generating Customized Patient Plans:

 Andrew showed how ChatGPT could create a customized plan for a client with acquired brain injury or post-concussion syndrome using the stick analogy. The plan included daily activities, child care, self-care, home maintenance, and optional activities like walking, singing in a choir, and volunteering. 4

## 4. Providing Explanations at Different Comprehension Levels:

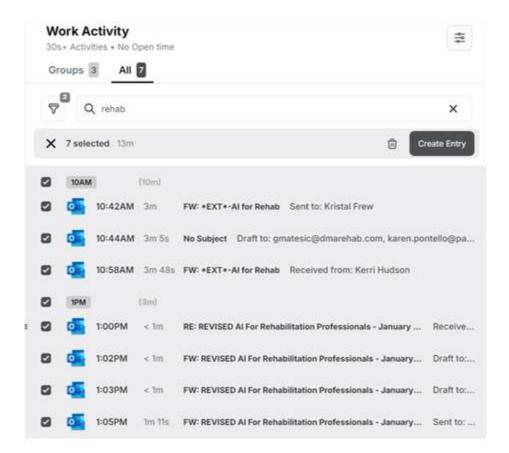
 Andrew demonstrated how ChatGPT could generate explanations of the memory box concept for clients with PTSD and anxiety at both a university level and a grade eight level. The explanations included the purpose, how it works, and potential challenges. 5

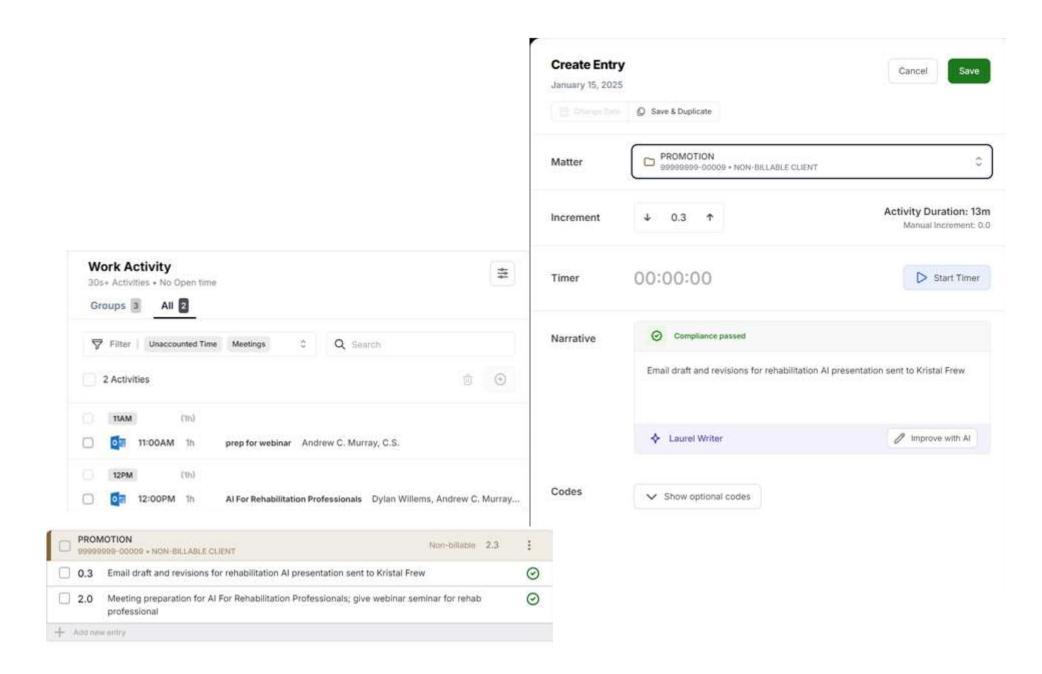
## 5. Generating Recipes for Dietary Needs:

- Andrew used ChatGPT to generate a simple, no-stove recipe for a brain-injured client, providing a four-ingredient avocado tuna salad wrap that includes healthy vegetables, proteins, and fats. 6
- 6. Job Descriptions and Functional Demands:
  - Andrew demonstrated how ChatGPT could provide detailed job descriptions and functional demands for unfamiliar occupations, such as a Turkey milker. The description included key responsibilities, educational qualifications, skills, wage ranges, employment prospects, and physical job demands. 7

# LAUREL

		10AM		(m01)		
	0	D	10:42AM	3m	FW: +EXT+-Al for Rehab Sent to: Kristal Frew	
	0	D	10:44AM	3m 5s	No Subject Draft to: gmatesic@dmarehab.com, karen.por	ntelio⊜pa
	0	D	10:58AM	3m 48s	FW: +EXT+-Al for Rehab Received from; Kerri Hudson	
		1PM		(3m)		
	0	•	1:00PM	< 1m	RE: REVISED AI For Rehabilitation Professionals - January	Receive
	0	•	1:02PM	< 1m	FWI REVISED AI For Rehabilitation Professionals - January	Draft to:
	0	•	1:03PM	< 1m	FW: REVISED AI For Rehabilitation Professionals - January	Draft to:
	0	0	1:05PM	1m 11s	FW: REVISED AI For Rehabilitation Professionals - January	Sent to:





Or see this example, which is something that I would in fact want to docket to the actual client's file, which relates to an email exchange with our firm librarian and some of my own file research. In a few clicks, 14 minutes of effort is captured, with the docket content already prepopulated:

	08:29AM 4m	minimum maintenance standards for municipal sidewalks
0	08:33AM 6m	Primafact
	08:39AM 2m	Open time
	08:41AM 2m	minimum maintenance standards for municipal sidewalks

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# **FOLLOW ME ON SOCIAL**

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Andrew Murray



